



Pre-operative spine class

Thank you for choosing us for your upcoming surgery. To help you prepare for your procedure, we offer a nurse led pre-operative class designed to eliminate anxiety, answer questions related to your surgery, and prepare you for a safe, well coordinated discharge. Each day of your recovery is focused on quality care and physical therapy that allows you to safely return home following your surgery. Your physician highly encourages each patient to attend our spine class as you will be well prepared for your upcoming surgery.

Topics include:

- Preparing for your surgery**
- Safety**
- Pain management**
- Needs after surgery**
- Discharge planning**
- The importance of physical therapy**



Baylor Scott & White

SURGICAL HOSPITAL

FORT WORTH

Joint ownership with physicians

1812 Park Place Avenue | Fort Worth, TX 76110



To register for class, please call
our Nurse Navigator
Maureen Madewell, RN at **682.703.5600**
BSHFWM

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FAQ

Who should attend?

- Patients having a spine surgery

May I bring someone with me to the class?

- One caregiver over the age of 18, preferably someone that will be assisting you after your surgery.

When should I schedule to attend class?

- As soon as your surgery date is scheduled.

Where do I need to go for Total Joint Education Class?

- 1812 Park Place Avenue (the building in front of the main hospital) Fort Worth, TX 76110

Why do I need to attend Total Joint Class?

- Your physician highly recommends your attendance.
- Class attendance is directly related to a quicker recovery time.
- Review of day of surgery expectations.



Designated
BlueDistinction
Center
Spine Surgery