



Pre-operative total joint class

Feel prepared for your procedure with our nurse-led pre-operative class designed to eliminate anxiety, answer questions related to your surgery, and prepare you for a safe, well-coordinated discharge. Each day of your recovery focuses on quality care and physical therapy so you can return home safely after surgery. Your physician highly encourages you to attend our total joint replacement class so that you are well prepared.

Topics include:

Preparing for your surgery

Safety

Pain management

Needs after surgery

Discharge planning

The importance of physical therapy



Baylor Scott & White

SURGICAL HOSPITAL

FORT WORTH

Joint ownership with physicians

1812 Park Place Avenue | Fort Worth, TX 76110
682.703.5600



To register for class, please visit **BSHFV.com** or contact the nurse navigator at **682.703.5759**.

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FAQ

Who should attend?

- Patients having a total knee replacement
- Patients having a total hip replacement

May I bring someone with me to the class?

- One caregiver over the age of 18, preferably someone who will be assisting you after your surgery

When should I schedule to attend class?

- As soon as your surgery date is scheduled

Where do I need to go for Total Joint Education Class?

- 1812 Park Place Avenue (the building in front of the main hospital), Fort Worth, TX 76110

Why do I need to attend Total Joint Education Class?

- Highly recommended by your physician
- Directly related to a quicker recovery time
- Review your day of surgery expectations

